This study represents the first attempt in adapting and validating the IPS measure of procrastination into Spanish. First, factor analysis reveals that the internal structure of the scale is clearly one-dimensional, supporting the unidimensionality of the scale. Second, the translation of the IPS was carried out following the recommendations of the American Psychological Association's Ethical Principles. This study demonstrates that the IPS is a valid and reliable measure of procrastination, which can be used in future research to assess procrastination in Spanish-speaking populations. Future research should consider the cultural and linguistic specificity of procrastination and the potential impact of these factors on the measurement of procrastination. This study also highlights the importance of cross-cultural research in understanding procrastination, as procrastination may vary across different cultures and languages. Future research should consider the cultural and linguistic specificity of procrastination and the potential impact of these factors on the measurement of procrastination.